

# N O V E M B E R 2 0 0 7

## T r i - V a l l e y , I n c .

10 MILL STREET, DUDLEY, MA 01571 TELEPHONE (508) 949-6640 or 800 286-6640

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>The menu includes: milk and margarine. Menus are subject to change.</i>  <u>Reservations must be made 48 hours in advance</u></p>	<p><i>Tri-Valley receives partial funding from the Executive Office Of Elder Affairs and Central Mass Agency on Aging.</i></p>		<p>1. HOT DOG &amp; ROLL CONDIMENTS BAKED BEANS COLESLAW PEACHES</p>	<p>2. CHICKEN FRICASSEE MASHED POTATOES CARROTS MULTIGRAIN BREAD MIXED FRUIT</p>
<p>5. MINISTRONE SOUP GARDEN SWISS STEAK RED BLISS POTATOES SUCCOTASH WHEAT BREAD PEARS</p>	<p>6. CHICKEN MORNAY HERBED NEW POTATOES CARROTS MULTIGRAIN BREAD COOKIES (GRAHAM CRACKERS)</p>	<p>7. BEEF ZITI BAKE ITALIAN BLEND VEGGIES FRENCH BREAD CRANBERRY SAUCE FRESH ORANGE</p>	<p>8. CHICKEN PIE BRUSSELS SPROUTS DINNER ROLL PUDDING (SUGAR FREE PUDDING)</p>	<p>9. SALMON BOAT WITH DILL SAUCE SEASONED RICE MIXED VEGETABLES WHEAT BREAD MANDARIN ORANGES</p>
<p>12. <b>VETERANS DAY</b>  <b>NO MEALS SERVED</b></p>	<p>13. CR. OF CARROT SOUP STUFFED CABBAGE MASHED POTATOES MIXED VEGETABLES WHEAT BREAD PUDDING (SUGAR FREE PUDDING)</p>	<p>14. SWEDISH MEATBALLS MASHED POTATOES CARROTS DINNER ROLL FRESH FRUIT</p>	<p>15. BAKED FISH WITH DILL SAUCE MASHED POTATOES GARDEN PEAS RYE BREAD PEACHES</p>	<p>16. TERIYAKI CHICKEN SCALLOPED POTATOES TUSCANY VEGETABLES OATMEAL BREAD MIXED FRUIT</p>
<p>19. CHEESE LASAGNE WITH TOMATO SAUCE SPINACH DICED CARROTS ITALIAN BREAD FRUIT COCKTAIL</p>	<p>20. <u>HOLIDAY MEAL</u> ROAST TURKEY &amp; GRAVY STUFFING/CRANBERRY SAUCE SW. POTATO &amp; APPLES BRUSSELS SPROUTS OATMEAL BREAD PUMPKIN PIE (SUGAR FREE PUDDING)</p>	<p>21. VEGETABLE SOUP PORK SUPREME WITH MUSHROOM SAUCE RED BLISS POTATOES CARROTS &amp; PEAS MULTIGRAIN BREAD PEARS</p>	<p>22. <b>THANKSGIVING DAY</b>  <b>NO MEALS SERVED</b></p>	<p>23. CHICKEN CHOW MEIN STEAMED RICE CRUNCHY NOODLES BROCCOLI MULTIGRAIN BREAD PINEAPPLE</p>
<p>26. BUTTERMILK CHICKEN MASHED POTATOES TUSCANY VEGETABLES MUFFIN APPLESAUCE</p>	<p>27. SWEET &amp; SOUR PORK STEAMED RICE BROCCOLI MULTIGRAIN BREAD BIRTHDAY CAKE (PLAIN CAKE)</p>	<p>28. MEATLOAF &amp; GRAVY RED BLISS POTATOES CORN NIBLETS RYE BREAD PEARS</p>	<p>29. CHICKEN RICE SOUP MACARONI &amp; CHEESE ZUCCHINI &amp; TOMATOES OATMEAL BREAD FRESH FRUIT</p>	<p>30. VEAL PARMESAN PENNE &amp; SAUCE BRUSSELS SPROUTS FRENCH BREAD PUDDING (SUGAR FREE PUDDING)</p>

Franklin  
Southbridge 508 764-1469

Northbridge 508 234-2002  
Oxford 508 987-6000

Spencer 508 885-3904  
Sutton 508 234-0703

Upton 508 529-9094  
Uxbridge 508 278-7609

Webster 508 949-6640  
Milford 508 478-8102

Sturbridge 508 347-5063  
W.Brookfield 508 867-1411

**SUGGESTED DONATION: \$2.00 PER MEAL**